



# footprints

Bay Area Runner's Club Newsletter

**February 2011**

**BARC NEWS**

Hello fellow BARC members!

Thank you so much to all of you who came out to the Reese race on February 5<sup>th</sup> and the Spirit of Winter run on February 19<sup>th</sup>.

I hope you all took advantage of the warmer weather we had this month and ran outside. I know I enjoyed it and wished it would stick around!

Our annual St. Pat's race is coming up next month. Please consider volunteering and/or participating in not only the races, but the Expo and the Leprechaun run. Contact Ann Gasta for more information on these volunteer opportunities.

I look forward to seeing you at upcoming races!

As always, please keep the feedback, information, and pictures coming my way.

Mallory  
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# BARC Bits

The next BARC board meeting will be held on February 28th at 6:30 p.m. at the Bay Area Family Y. All members are welcome to attend.

Congratulations to Jason LaFave and his recent finish at the Miami Marathon on 1/30/2011 in a time of 2:45.

Here is a picture of Mike Klosowski, Mallory Klosowski, Ted Davenport, and Don Lynch at the St. Stan's race in June of 2010. We're all looking forward to being able to run in warm temperatures again!



Our condolences to the Wilmar Naegele family on his recent passing. He was 87. Wilmar was a long time member of the Club and ran races as long as he could.

Our condolences to the Cappaert family on the recent passing of Ashley's grandmother. Her aunt Monica Carlson has been chosen as the rookie runner of 2011 and will run St Pats in the honor of her mother, Barbara Hages.

Alden Burmeister contacted us to let us know that he misses seeing everyone at the races. Alden was diagnosed with Parkinson's last year and has been unable to compete in races for several months. We wish Alden well and hope he is able to come visit at a few races this year and maybe even join in. For those of you who don't know Alden, he is the gentleman that has been walking races with his oxygen for the past several years. We miss you too Alden.

# March/April Race Schedule

Sat. Mar. 5, 2011 10:00 AM	Reese Winter Road Race Series 10k Run, 5k Run, 5k Walk	Reese High School, Reese, MI Rick Houghtaling (989) 529-7904 Doug Doud (989) 868-4130
Sat. Mar. 19, 2011 2:00 PM	Leprechaun Races 1/8, 1/4, & 1/2 mile races	Bay County Community Center Ann Gasta
Sat. Mar. 19, 2011 10:00 AM	BARC Fitness Expo Fitness Expo, packet pick-up, late registration	Bay County Community Center Ann Gasta
Sun. Mar. 20, 2011 11:45 AM	St Pats Races 5k run & walk, 8K run	Center & Adams Ann Gasta
Sat. Apr. 16, 2011 9:00 AM	Bangor Township Schools "Achieve Your Dream" Scholarship Race 5k run, 2 mile walk <a href="http://www.bangorschools.org">http://www.bangorschools.org</a>	Bay County Community Center Lynne Moore 989-684-8121 Tina Rogers
Sat. Apr. 16, 2011 11:00 AM	Miles for Mary 2011 5K Run, 1.5 Mile Walk <a href="http://www.facebook.com">www.facebook.com</a> (search Miles for Mary)	Reese High School Elizabeth Taylor 989-326-2123 Jamie Wark 989-239-3602
Sat. April 30* 8:15 a.m.	Walk/Run For The Blind 5K Run & Walk	Carrollton High School, Carrollton <a href="#">Craig Douglas</a> (989) 399-8860

The club is now on Facebook as a group under Bay Area Runner's Club of Bay City, Michigan. Please join us in posting races, photos, and any news you would like to share. So far several races have been posted by members. Rich VanTol posted an event on April 23, Lindsay Knake posted one for April 10, Casey Cornelius on Sept 18 and W Jay Brown posted the Walleye Festival Run on May 1, 2011.

Stay tuned as our website is being updated and revised. We let you know as soon as the update is complete.

Get Well wishes to Dolores Hensley and hope you are doing better.

Good Luck to everyone running and walking in the St Pat's Day Race on March 20 and the Leprechaun Race on March 19. Come and see us at the expo from 10 to 3 on March 19 at the Community Center.