



footprints

Bay Area Runner's Club Newsletter

May 2011

BARC NEWS

Hello fellow BARC members!

Thank you so much to all of you who came out to the Freeland Walleye Festival race. I missed it, but I heard there was an awesome turnout and it was a great race!

There will be plenty of opportunities to participate in both BARC and BARC-assisted races in the upcoming spring/summer seasons, so be sure to check the BARC website and/or the BARC event calendar so you don't miss out.

Welcome to all the following new members, Bree Myers, Pinconning; Amy, Scott, and Casey Hadaway, Vassar; Debra Todd, Kawkawlin; Debra Weber, Sanford; Joe Storey, Birch Run; Chris, Mary, Melissa, and Bryanna Secor, Bay City; Jason LaFave, Sanford; Colleen Gray, Saginaw; Mark and Becky Larive, Bay City; Stephanie Metevia, Bay City; Gwen Ostrosky, Livonia; Barney Torzynski, Kawkawlin; John and Ashley Shankool, Essexville; Chris Matzke, Bay City; Jennifer Butch, Bay City; Chelsea Paladi, Bay City; James Hoeft, Chesaning; Keri Laczko, Sterling; Laura McDonald, Midland; and Olivia, Todd, Grace, and Aiden Zwetzig, Essexville.

I look forward to seeing you at upcoming races!

As always, please keep the feedback, information, and pictures coming my way.

Mallory
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BARC Bits

The next BARC board meeting will be held on May 26th at 6:30 p.m. at the Bay Area Family Y. All members are welcome to attend.

Speedy recovery wishes to Alden Burmeister, who recently had surgery. He hopes to recover in time to be at Carrollton later this summer.

Congratulations to all the area athletes that traveled to Boston to participate in that prestigious race. John Buday, 3:41:25; Bridget Looby, 3:54:07; Riley McLincha, 4:15:41; Craig Finkbeiner, 5:00:01; Andy Dwan 3:21:25; James Badgerow, 3:00; and Tyler Bischoff 2:37:57.

Way to go James Felton on your Overall Win at the inaugural Eagle by the Bay 5K. The race was well received with 170 participants on a cold and breezy morning. Good Luck in your upcoming marathon in Kalamazoo.

Congratulations to Casey Hadaway, who broke the 2 Mile record at Caro Middle School in 12:09. Also to Madi Marciniak, who broke the 1 Mile record at Handy Middle School in 5:44. Great running girls!!!

Our condolences to Jerry Rohn and his family on the recent passing of his wife.

Good Luck to Greg Glowicki on being the new Bay City Central girls track coach in Bay City.

The winners of the photo contest for St Pats were Shawn and Brian Prevost for Nacho Libre and Mr Incredible.

The following pictures come courtesy of Marty Schultz, Cheesetown Challenge race director:



Leonard Block and Brian Larive finishing their Cheesetown Challenge race.



Ronald McDonald warming up the Little Meeecs.



The start of the 2-mile race.

2011 “RUN FOR THE CURE”

www.5krunfortheure.com

“It’s Personal at the Finish Line!” By: Crystal K. Wagner

Each Year our family and some nice friends put on a 5k race to raise money for the “American Cancer Society”. It was inspired by our Mom who was diagnosed with colon cancer and a “once a Marine always a Marine” husband who is a runner. He, along with our family, wanted to feel like we were doing something to help, not only our situation with Mom, but for others who feel or have felt the same way as us. Our Mom, Norma Cartwright, did not make it to that first race as she passed away in February, about 3 months before, but we chose to go on ahead in her memory and in honor of our Dad, Bill Cartwright. This is now our 3rd year. (Go to www.5krunfortheure.com for details.) Each year I have had the privilege of working at the race but also watching the people there and listening to stories. I have noticed many things. Everyone starts out the same at the “Starting Line.” Some doing stretching exercises, some jogging in place, some laughing and talking, but all anxiously anticipating the sound of the air horn. “On your mark, get set, BLAST,” and off they go, a herd of feet pounding the pavement. After all of that, there is kind of a silence in the park. It really is a sight to see, but I think the most exciting part is yet to come, “The Finish Line!” Each 5k’er now gets personal. The coveted trophy for 1st place, all of the medals given to participants who placed in each category, but greater still, the stories unfold before my eyes. I enjoy watching for the first person to sprint down the wooden walkway next to the bridge, down the path, right across that “Finish line!” I think to myself, how did he do that in such a short time? He must have wings! (LOL) What motivates that kind of “time” exactly?

What’s his story? Some questions will never be answered! I saw a lady last year, hands flailing in the air, screaming out “I did it! This is my first run!” I was so happy for her and proud of her too! I saw husband & wife, Scott & Shawn, who this was their first time running a race and have gone on to do others, even runs out of the state of Michigan. I saw Brad Goslin, running in Memory of his Dad that he just lost to cancer. I believe it was his first time running a race as well. I saw Roy Greenwood and his daughter-in-law Ashley. I can’t remember who won that one? I’ll have to look that up in the archives! (LOL) I saw Tammy Szidik, who came to run. She is the person we go to about our T-shirts at “Brentwood Graphics.” Thanks Tammy! I saw a young Ben Brown and his sister Abbie, two of the Brown triplets, that both placed # 1, male and female in their age bracket! I saw Sonya Tschirhart, ours was also her first race as she runs for many people in her family who had cancer. I saw my Husband, Mike, gliding down the pathway, headphones in ears, making sure to beat his personal best. (which is amazing considering he had already run it that morning while setting up for the race.) I’m proud of him! I saw many family and friends! Some running and some walking. Hugs to you all! I don’t believe, if you would ask any of these people, if they made a difference that day that they would say, yes. They all looked like they were just having fun, but they did make a difference! I know for a fact, that people are helped out by the American Cancer Society everyday, just ask my cousin Randy who has been diagnosed with lung cancer. They have helped him, and we are a part of helping them! How Awesome is that! What a privilege and honor it is to live, to run, to enjoy your race called life! I like the verse in the Bible - Hebrews 12:1... Let us run with patient endurance and steady and active persistence the appointed course of the race that is set before us. Every life has a course and “It’s Personal at the Finish Line!”